# **Folding and unfolding kinetics of a single semiflexible polymer**

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We investigate theoretically the kinetics of the folding transition of a single semiflexible polymer. In the folding transition, the growth rate decreases with an increase in the number of monomers in the collapsed domain, suggesting that the main contribution to dissipation is from the motion of the domain. In the unfolding transition, the dynamic scaling exponents 1/8 and 1/4 were determined for the disentanglement and relaxation steps, respectively. We performed Langevin dynamics simulations to test our theory. It is found that our theory is in good agreement with simulations. We also propose the kinetics of the transitions in the presence of a hydrodynamic interaction.

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# **I. INTRODUCTION**

Compared to our understanding of the equilibrium states of polymers, our understanding of polymers far from equilibrium is quite primitive. Recently, the kinetic properties of single polymer molecules have become experimentally tractable, and they have been investigated mainly because of their biological importance. Although the kinetics of ordering are well understood and several investigations have been carried out on flexible polymers, the kinetics of semiflexible polymers are not as well understood.

Most biopolymers, including DNA and many proteins, have bending rigidity; therefore, they are classified as semiflexible polymers. It is expected that bending rigidity plays an important role in the structural stability and function of these biomacromolecules. Recent experiments and simulations have clarified that a single semiflexible polymer exhibits a first-order phase transition between a swollen coil state and a folded compact state as the solvent quality decreases [[1](#page-9-0)]. A single semiflexible polymer folds into various kinds of ordered structure depending on its bending rigidity and temperature, such as a toroid or a cylinder  $\lceil 2 \rceil$  $\lceil 2 \rceil$  $\lceil 2 \rceil$ .

The folding kinetics of a flexible polymer was first discussed by de Gennes using scaling theory  $[3,4]$  $[3,4]$  $[3,4]$  $[3,4]$ , and then various methods were proposed, such as the uniform expansion method  $[5,6]$  $[5,6]$  $[5,6]$  $[5,6]$  and the Gaussian self-consistent method [[7](#page-9-6)], and the latter was extended to the folding kinetics of a semiflexible polymer  $[8]$  $[8]$  $[8]$ . Numerical simulations such as Brownian dynamics  $[9,10]$  $[9,10]$  $[9,10]$  $[9,10]$  and Monte Carlo  $[11,12]$  $[11,12]$  $[11,12]$  $[11,12]$  simulations have been carried out. Most of the simulations ignored the hydrodynamic interaction. Recently, the authors in  $[13,14]$  $[13,14]$  $[13,14]$  $[13,14]$  developed a new algorithm, which enables us to elucidate the features of the hydrodynamic interaction in the kinetics of the collapse transition of a flexible polymer. These investigations have revealed that a flexible polymer forms a *pearl-necklace* conformation at an early stage of the transition and reaches the globule state via the growth of each pearl  $[15,16]$  $[15,16]$  $[15,16]$  $[15,16]$ . Although the globule is compact, it does not reach the most stable state. Therefore, at a later stage of the transition, segments realign so as to form the equilibrium conformation  $[17]$  $[17]$  $[17]$ . Experiments with poly(N-isopropylacrylamide) were found to be consistent with the theoretical and numerical results  $\lceil 18 \rceil$  $\lceil 18 \rceil$  $\lceil 18 \rceil$ .

In this paper, we discuss the transition kinetics in single semiflexible polymers. Our picture is that the folding transition consists of nucleation and growth steps, and the unfolding transition has three different regimes: swelling, disentanglement, and relaxation  $\lceil 19 \rceil$  $\lceil 19 \rceil$  $\lceil 19 \rceil$ . Nucleation and growth processes have been observed in the simulations of single semiflexible polymers and experiments on single DNA molecules. On the other hand, to our knowledge, the mechanism of the unfolding transition has been much less well elucidated, since it is difficult to observe the microscopic dynamics of chain segments. In  $\lceil 20,21 \rceil$  $\lceil 20,21 \rceil$  $\lceil 20,21 \rceil$  $\lceil 20,21 \rceil$ , the authors theoretically and computationally proposed the existence of a topological constraint in single flexible polymers in the unfolding transition. Our purpose is to study the time evolution of a macroscopic variable such as the long-axis length, which is experimentally observable. We derive equation of motions for the variables and determine the dynamic scaling exponents in the unfolding transition on the basis of a scaling analysis. It is of importance to note that the validity of our picture can be verified by comparison with exponents in experiments and simulations.

The reminder of this paper is organized as follows. In Sec. II, we present an overview of our method. The results of the theoretical analysis of the folding and unfolding transitions are shown in Secs. III and IV, respectively. Then, in Sec. V, we demonstrate the results of simulations and compare them with our theoretical results. We discuss the hydrodynamic interaction in Sec. VI. Section VII is devoted to the justification of our theory with investigation of kinetic pathways. In Sec. VIII, we summarize our results.

## **II. THEORY**

In general, it is not trivial to write down the equations of motion of coarse-grained variables such as the gyration radius. In  $[3]$  $[3]$  $[3]$ , de Gennes proposed a powerful method to estimate the time evolution of coarse-grained variables. The essence of the method is based on the balance between the free energy change of a polymer  $F_{chain}$  and the dissipative heat *Q* due to the change. The dissipative heat is exhausted by the motion of solvent molecules; therefore, we have the relation  $\lceil 22 \rceil$  $\lceil 22 \rceil$  $\lceil 22 \rceil$ 

$$
\frac{dF_{\text{chain}}}{dt} = -\frac{dQ}{dt}.\tag{1}
$$

<span id="page-1-0"></span>By calculating *dF*/*dt* and *dQ*/*dt* separately, we obtain the equation of motion for macroscopic variables  $\left[3,4,16\right]$  $\left[3,4,16\right]$  $\left[3,4,16\right]$  $\left[3,4,16\right]$  $\left[3,4,16\right]$ .

The dissipation arises from the velocity gradient of the fluid. Nevertheless, if the hydrodynamic interaction is neglected (the so-called free-drain limit), the dissipation is greatly simplified by using the Stokes force acting on solute molecules. The Stokes force acting on a sphere of radius *b* and velocity *v* is  $f \sim \eta v b$ . This leads to the dissipation

$$
\frac{dQ_S}{dt} \simeq \eta v^2 b. \tag{2}
$$

On the other hand, with hydrodynamic interactions, it is necessary to consider the velocity field. Instead of solving the full set of hydrodynamic equations, we may consider two approximate situations. When monomers in a domain move cooperatively in one direction with the hydrodynamic interaction, the frictional dissipation can still be described by replacing the size of a particle with the screening length  $\xi_H$ . We will further discuss this effect in Sec. VI. The second situation is a spherical expanding or contracting domain with a size  $R<sub>H</sub>$ , which has a velocity gradient inside. The force acting on a unit volume is proportional to the gradient of the stress tensor,  $\vec{\nabla} \cdot \vec{\sigma}$ , and this leads to the following dissipation from a domain with volume  $\Omega$ :

$$
\frac{dQ_H}{dt} = \eta \int d\Omega (\nabla v)^2 \simeq \eta v^2 R_H.
$$
 (3)

<span id="page-1-1"></span>We consider a polymer chain that has a contour length of *L*. The total free energy has three contributions:

$$
Fchain = Fela + Fbend + Fint.
$$
 (4)

The first and second terms are the entropic elasticity and bending elasticity, respectively. The third term arises from the repulsive interaction between monomers (the excluded volume interaction) and, under poor solvent conditions, attractive interaction. The present theory does not successfully describe both the swollen and the collapsed states with unique approximate free energy. Thus, we consider two asymptotic behaviors. In the swollen state, we may combine the elastic and the bending free energies and regard the renormalized monomer size as the persistence length  $l_p$  instead of the bare monomer size *a*. This implies that a polymer consists of rods of length  $l_p$ . Moreover, since the monomer density is low,  $F_{int}$  is expanded with virial coefficients. In the collapsed state, a mean field approximation is available  $[23]$  $[23]$  $[23]$ . The total free energy has a contribution that is proportional to the volume of the collapsed polymer. With the bending elasticity and surface penalty, the free energy is described as

$$
F_{\text{chain}} = F_{\text{surface}} + F_{\text{bending}} + F_{\text{volume}},\tag{5}
$$

where the surface energy is proportional to the surface area with surface tension  $\sigma$ .

In order to calculate free-energy changes and dissipation, we assume characteristic conformations in the folding and unfolding transitions. In the folding transition, an attractive interaction leads a polymer into a folded state while all the other terms in the free energy prevent a polymer from making the transition. This results in a competition between swelling and folding, and thus we may expect nucleation and growth steps in the folding transition. In contrast to this, no terms in the free energy stabilize the collapsed state in the unfolding transition after the attractive interaction is switched off. Therefore, instability at the early stage leads to the unfolding transition.

The above assumption is justified by recent fluorescence measurements of DNA, where it was revealed that the folding transition consists of nucleation and growth steps, while the kinetics of the unfolding transition proceeds more gradually  $\lceil 24 \rceil$  $\lceil 24 \rceil$  $\lceil 24 \rceil$ . Simulations also support the notion that the folding transition of a single semiflexible polymer exhibits nucleation and growth  $[25]$  $[25]$  $[25]$ . Thus, it is reasonable to assume that the folding transition consists of nucleation and growth steps. On the other hand, the details of the unfolding transition are yet unclear. We assume three regimes for the unfolding transition: swelling, disentanglement, and relaxation steps. Our purpose is to obtain the size of the polymer as a function of time. In the folding transition, we also calculate the nucleation time, which is of importance to characterize the nucleation step. These macroscopic values are relevant in comparison between methods such as theory, simulations, and experiments. First, we will proceed with our calculation under this assumption; then, in Sec. VII, we will discuss the validity of the assumption.

In this paper, we concentrate on the toroidal shape for  $l_p$  $\ge a$  and the globular shape for  $l_p \approx a$ , where *a* is the monomer size, although in a folding transition of a semiflexible polymer, cylindrical conformations were also observed [[2](#page-9-1)]. We make remarks concerning these conformations at the end of this paper.

# **III. FOLDING TRANSITION**

The folding transition occurs as a result of the competition between the volume free energy and the surface and bending free energies. The volume free energy makes a polymer collapse, while the surface and bending free energies lead the polymer to a coiled state. Due to the competition, the folding transition is characterized by the nucleation and growth steps. We consider the conformation shown in Fig. [1.](#page-2-0) When  $dl_1/dt$  > 0, the nucleus grows and the system reaches a collapsed state. On the other hand, when  $dl_1/dt < 0$  the nucleus becomes unstable and the system returns to a coiled state. The free-energy change and dissipation originate from both the collapsed and coiled domains (Fig. [1](#page-2-0)),

$$
\frac{dF}{dt} = \left(\frac{dF}{dt}\right)_{\text{collapse}} + \left(\frac{dF}{dt}\right)_{\text{coil}},\tag{6}
$$

$$
\frac{dQ}{dt} = \left(\frac{dQ}{dt}\right)_{\text{collapse}} + \left(\frac{dQ}{dt}\right)_{\text{coil}}.\tag{7}
$$

We assume that the collapsed domain is close packed, i.e., its volume is proportional to the length of the domain. The con-

<span id="page-2-0"></span>

FIG. 1. Schematic representations of a polymer in the folding process at  $l_p \approx a$  (a) and  $l_p \gg a$  (b). The polymer consists of collapsed and coiled domains. The collapsed domain has  $l_1/a$  monomers and the size  $R_f$ . The coiled domain has  $l_2/a$  monomers and the lateral fluctuation  $R_{\perp}$ .

ditions are  $4/3\pi R_f^3 = l_1 a^2$  for a flexible polymer and  $2\pi^2 r^2 R_f = l_1 a^2$  for a semiflexible polymer, where  $R_f$  is the size of the folded domain and  $l_1/a$  monomers are inside the collapse (Fig. [1](#page-2-0)). A monomer at the boundary between collapsed and coiled domains experiences the force arising from the chemical potential of the collapsed domain,

$$
f = -\frac{\partial F_{\text{collapse}}}{\partial l_1}.\tag{8}
$$

<span id="page-2-1"></span>After nucleation, the monomers in the coiled domain are pulled into the collapsed domain by this force.

### **A. Nucleation for a flexible chain**  $(l_p \approx a)$

When a polymer is flexible, i.e.,  $l_p \approx a$ , it collapses into a disordered globule. Since, in the collapsed state, the mean field approximation is applicable, the total free energy is written approximately with the contributions from the surface, bending, and volume free energies as

$$
F_{\text{collapse}} = F_{\text{surface}} + F_{\text{bend}} + F_{\text{volume}} \tag{9}
$$

$$
\simeq \sigma R_{\rm f}^2 + \kappa \frac{l_1}{R_{\rm f}^2} - \epsilon l_1,\tag{10}
$$

where  $\sigma$  and  $\epsilon$  are the surface tension and interaction energy density, respectively, and  $R_f \approx (l_1 a^2)^{1/3}$ . We use the relation between the bending constant and the persistence length:  $\kappa/T = l_p$ . The free-energy change is

$$
\frac{dF}{dt} \simeq \left(\frac{\sigma a^{4/3}}{l_1^{1/3}} + \frac{Tl_p}{l_1^{2/3}a^{4/3}} - \epsilon\right) \left(\frac{dl_1}{dt}\right). \tag{11}
$$

Because the dissipation is an irreversible process, the sign of  $dl_1/dt$  is determined by the free-energy change. Therefore, the critical size of a nucleus is calculated as

$$
l_1^* \simeq \left(\frac{\sigma}{\epsilon}\right)^3 a^4 + \frac{3\sigma T l_p}{\epsilon^2}.
$$
 (12)

The free energy at this size corresponds to the barrier between the coiled and collapsed states, and the characteristic time for the nucleation process,  $\tau_c$ , depends on it exponentially. In addition,  $\tau_c$  weakly depends on the dissipation rate because it determines the velocity of the growth of a nucleus. We obtain the nucleation time for a disordered collapse as

$$
\tau_c \simeq \frac{\widetilde{\gamma}^*}{\sigma} \bigg( \frac{l_1^*}{a} \bigg)^{4/3} \exp \bigg( \frac{\sigma^3 a^4}{\epsilon^2 T} + \frac{3\sigma l_p}{\epsilon} \bigg),\tag{13}
$$

<span id="page-2-2"></span>where  $\tilde{\gamma}^* = \tilde{\gamma}(l_1 = l_1^*)$  is the effective friction at the critical nucleus. The prefactor arises from the second derivative of the free energy at the critical size of the nucleus. The details of the prefactor depend on the dissipation mechanism, which is discussed below. Nevertheless, the nucleation time is essentially dominated by the exponential factor.

#### **B.** Nucleation for a semiflexible chain  $(l_p \ge a)$

The free energy of a collapsed domain depends on its structure, and here we consider a toroidal conformation (Fig. [1](#page-2-0)). The free energy is expressed as the summation of the surface, bending, and volume energies,

$$
F_{\text{collapse}}^{\text{toroid}} \simeq \sigma r R_{\text{f}} + \kappa \frac{l_1}{R_{\text{f}}^2} - \epsilon l_1. \tag{14}
$$

The surface and bending energies are balanced; as a result, with the condition of the closely packed conformation in the folded part  $2\pi^2 r^2 R_f = l_1 a^2$ , the free-energy change is estimated as

$$
\left(\frac{dF}{dt}\right)_{\text{collapse}}^{\text{toroid}} \simeq \left[ \left(\frac{\sigma^4 l_p T a^4}{l_1^2}\right)^{1/5} - \epsilon \right] \left(\frac{dl_1}{dt}\right). \tag{15}
$$

We obtain the following nucleation time for ordered collapse:

$$
\tau_c \simeq \frac{\widetilde{\gamma}^* l_1^{*7/5}}{(\sigma^4 l_p T a^4)^{1/5}} e^{\epsilon l_1^*},\tag{16}
$$

<span id="page-2-3"></span>where  $l_1^* = \sigma^2 l_p^{1/2} / \epsilon^{5/2}$ .

### **C. Growth**

In the growth step, the force  $f$ , given by  $(8)$  $(8)$  $(8)$ , which pulls the monomers into the coiled domain, is balanced by the *effective* frictional force arising from dissipation:

$$
\tilde{\gamma}\nu = f,\tag{17}
$$

where  $v = dl_1 / dt = -dl_2 / dt$ . The absorbing force of Eq. ([8](#page-2-1)), arising from free-energy change, is essentially

$$
f \simeq \epsilon, \tag{18}
$$

where we neglect the contribution of the surface term, which is sufficiently small at  $l_1 \ge a$ . The effective friction depends on the dissipation mechanism, and therefore, in general, will depend on the conformation of a chain. The above forcebalance relation is nothing but the energy balance in  $(1)$  $(1)$  $(1)$ , as can be confirmed by multiplying both sides by  $dl_1/dt$ .

Let us consider the conformation shown in Fig. [1](#page-2-0) just after nucleation. The collapsed domain is pulled by the coiled domain with force *f*, and vice versa. The system is similar to the relaxation of stretched polymers  $[26,27]$  $[26,27]$  $[26,27]$  $[26,27]$  and adsorption of polymers by pulling on the end with an external force  $\lceil 28,29 \rceil$  $\lceil 28,29 \rceil$  $\lceil 28,29 \rceil$  $\lceil 28,29 \rceil$ . In the former systems, flexible  $\lceil 26 \rceil$  $\lceil 26 \rceil$  $\lceil 26 \rceil$  and semiflexible  $\lceil 27 \rceil$  $\lceil 27 \rceil$  $\lceil 27 \rceil$  polymers are stretched when a force is applied at one or two ends. In the latter systems, a polymer is pulled at a constant force and is absorbed into a pore. In both systems, after the force is switched on, tension propagates along the chain with finite velocity. Therefore, not all the monomers are moved by the force; some parts are driven by the force and others do not feel it. The results of these works show that the effective friction depends on the length of the monomers moving under the force, and their motion is initiated by the propagation of the force.

In our system, the force is acting on the interface between collapsed and coiled domains. While the force quickly propagates over the entire collapsed domain due to the cooperative motion of the monomers, the force acting on the coil domain propagates with some velocity. The time required for propagation is not infinitesimal. The overall motion of a chain does not contribute to the effective friction, but relative motion of a collapsed or coiled domain leads to dissipation. Thus, the question arises: in the growth step, which domain moves? This is equivalent to asking which domain contributes to dissipation. Since in the free-drain limit the friction is proportional to the length of a moving domain, the collapsed domain moves quickly and makes a dominant contribution, at least, at an early stage of the growth step. At a later stage, when the length of a collapsed domain becomes much longer than that of a coiled domain, and, *in addition*, when the force propagates to the free end of the coiled domain, the coiled domain makes the dominant contribution to dissipation. Therefore, we assume that the dominant contribution is from the collapsed domain at the early stage. The effective frictional coefficient is described in the free-drain limit as

$$
\tilde{\gamma} \simeq \gamma_1 = \eta l_1. \tag{19}
$$

In semiflexible polymers, the right-hand side is multiplied by the logarithmic correction  $[\ln(l_p/a)]^{-1}$ . At a later stage after force propagation, the effective friction is described as

$$
\tilde{\gamma} \simeq \gamma_2 = \eta (L - l_1). \tag{20}
$$

Therefore, the velocity is

$$
v \simeq \left(\frac{1}{\gamma_1} + \frac{1}{\gamma_2}\right) f = \frac{\epsilon L}{\eta l_1 (L - l_1)},\tag{21}
$$

<span id="page-3-2"></span>where we neglect the logarithmic correction. Note that this argument is justified even with the hydrodynamic interaction. We will see this in Sec. VI.

#### **IV. UNFOLDING TRANSITION**

When, at  $t = 0$ , the attractive interaction is switched off, a collapsed polymer starts to unfold. While, in the folding transition, the kinetics is dominated by the competition between the free energies that do and do not prefer the collapsed state, in the unfolding transition *all* the terms in the free energy cause a collapsed polymer to unfold. In fact, the free energies of the entropic elasticity, the bending elasticity, and the ex-

<span id="page-3-0"></span>

FIG. 2. Three steps in the unfolding process: (i) swelling, (ii) disentanglement, and (iii) relaxation. We characterize the time evolution with the size  $R_L$ .

cluded volume interaction are larger in the folded state. This suggests that the collapsed state is unstable at an early stage of the transition. After the swelling step, the structure is similar to a coiled state, but it has many entanglements, which are expected to lead to slow kinetics. Finally, a polymer relaxes into an equilibrium coiled state. Therefore, we assume that the unfolding process consists of three steps: swelling, disentanglement, and relaxation (Fig. [2](#page-3-0)).

In the unfolding transition, the free energy is described with elastic and interaction terms,

$$
F \simeq T(\alpha^2 + \alpha^{-2}) + \frac{B}{R_L^3} \left(\frac{L}{l_p}\right)^2,\tag{22}
$$

<span id="page-3-1"></span>where  $\alpha = R_L / (L l_p)^{1/2}$ , and  $B \simeq l_p a^2 T (1 - \Theta / T)$  is the second virial coefficient.  $\Theta$  is the critical temperature of the transition. At *t*=0, we increase the temperature so that  $B \approx l_p a^2 T$  $>0$ . In the entropic contribution, the first term shows the energy penalty for expansion and the second term corresponds to that for compression. Here we consider relaxation to an equilibrium coiled state, i.e., the second term is dominant. The volume interaction is dominant at the swelling step and almost disappears after that step. In the disentanglement and relaxation steps, we consider the free-energy change due to the entropic contribution in Eq.  $(22)$  $(22)$  $(22)$ .

## **A. Swelling**

In this step, the dominant contribution of interactions between monomers gives the free-energy change,

$$
\frac{dF}{dt} \simeq \left( -\frac{BL^2}{R_L^4 l_p^2} \right) \frac{dR_L}{dt}.\tag{23}
$$

The dissipation arises from all the monomers and is described as

$$
\frac{dQ_S}{dt} \simeq \eta \frac{L}{l_p} \frac{l_p}{\ln(l_p/a)} \left(\frac{dR_L}{dt}\right)^2.
$$
 (24)

With Eq.  $(1)$  $(1)$  $(1)$ , the time evolution is given by

$$
\frac{R_L}{R_{\text{swell}}} \simeq \left(1 + \frac{|B|L}{l_P^2 R_{\text{swell}}^5} t\right)^{1/5},\tag{25}
$$

where  $R_{\text{swell}}$  is the size in the folded state.

Since monomer-monomer interaction is short ranged  $[$ the length scale is  $\delta = O(a)$ , this regime is over when the mean distance between monomers exceeds  $\delta$ . Therefore, the characteristic time is

<span id="page-4-0"></span>

FIG. 3. Schematic representation of a topological blob of *g* monomers. Inside a blob, a polymer behaves as a coil, whereas it is entangled on a larger scale.

$$
\tau_{\text{swell}} \simeq \frac{L^{2/3} l_p}{\ln(l_p/a) a^{5/3}} \tau_0,\tag{26}
$$

where we use the microscopic time scale  $\tau_0 = \eta a^3 / k_B T$ . As we will see later, this time scale  $(\sim L^{2/3})$  is much shorter than the time scale of the other two regimes. We conclude that the swelling regime does not exhibit dynamic scaling behaviors.

## **B. Disentanglement**

In the steps of disentanglement and relaxation, the freeenergy change originates from the elastic free energy, which is given by

$$
\frac{dF_{\text{ela}}}{dt} \simeq -\frac{T}{\alpha^3} \frac{d\alpha}{dt}.
$$
 (27)

<span id="page-4-1"></span>For the conformation with entanglements, a topological blob, which consist of  $g^*l_p$  monomers and is  $R_{g^*}$  in size, can be defined (see Fig. [3](#page-4-0))  $[17]$  $[17]$  $[17]$ . Inside a topological blob, a chain behaves like a Gaussian coil, whereas on a larger scale, a chain is assumed to be a swollen globule. Therefore,  $R_{g^*}^2$  $\sim g^* l_p^2$  and  $g^* l_p / R_{g^*}^3 \sim L / R_L^3$  is satisfied. This leads to the following relations:

$$
g^* \simeq \frac{R_L^6}{L^2 l_p^4},\tag{28}
$$

$$
R_{g^*} \simeq \left(\frac{l_p g^*}{L}\right)^{1/3} R_L.
$$
 (29)

Beyond this scale, blobs are frozen due to entanglements and behave as obstacles when monomers in a particular blob are driven. Since we neglect the hydrodynamic interactions, the dissipation inside a blob is proportional to the number of segments,  $g^*$ , and it is written in the free-drain limit as

$$
\frac{dQ_S}{dt} \simeq \frac{L^2}{l_{pS}^2} \eta g^* \frac{l_p}{\ln(l_p/a)} \left(\frac{dR_{g^*}}{dt}\right)^2 \simeq \eta \frac{R_L^4}{l_p^3 \ln(l_p/a)} \left(\frac{dR_L}{dt}\right)^2.
$$
\n(30)

From the energy balance, we obtain

$$
\frac{R_L}{R_{\text{dis}}} \simeq \left(\frac{t}{\tau_{\text{dis}}} + 1\right)^{1/8},\tag{31}
$$

$$
\tau_{\rm dis} \simeq \frac{L^{5/3} l_p^{4/3}}{a^3 \ln(l_p/a)} \tau_0,\tag{32}
$$

<span id="page-4-5"></span><span id="page-4-3"></span>where  $R_{\text{dis}} \simeq L^{1/3} l_p^{2/3}$  is the initial value and  $\tau_{\text{dis}}$  is the characteristic time scale in this regime. We have assumed the swollen globular structure for the initial state. For  $t \ge \tau_{\text{dis}}$ , the following scaling relation is obtained:

$$
R_L \sim t^{1/8}.\tag{33}
$$

<span id="page-4-6"></span>This step proceeds during  $g^* \ll L/l_p$ , where a polymer has many entanglements so that we assume the outside of the blobs to be frozen. The characteristic time scale of this step is obtained with the condition  $g^* = L/l_p$  and is proportional to *L*3 , which is much longer than the time scales of the other two steps.

## **C. Relaxation**

In contrast to the disentanglement step, in the relaxation step, all segments contribute to dissipation, and thus it is given as

$$
\frac{dQ_S}{dt} \simeq \eta \frac{L}{l_p} \frac{l_p}{\ln(l_p/a)} \left(\frac{dR_L}{dt}\right)^2.
$$
 (34)

<span id="page-4-4"></span><span id="page-4-2"></span>From Eqs.  $(27)$  $(27)$  $(27)$  and  $(34)$  $(34)$  $(34)$ , we obtain

$$
\frac{R_L}{R_{\text{relax}}} \simeq \left(\frac{t}{\tau_{\text{relax}}} + 1\right)^{1/4},\tag{35}
$$

$$
\tau_{\text{relax}} \simeq \frac{L^2 l_p}{a^3 \ln(l_p/a)} \tau_0,\tag{36}
$$

where  $R_{\text{relax}} \sim (L l_p)^{1/2}$  and  $\tau_{\text{relax}}$  are the initial value and the characteristic time scale, respectively, in the relaxation step. We estimate  $R_{\text{relax}}$  from the condition  $g^* = L/l_p$ . We should note that the feature of  $\tau_{relax} \sim L^2$  is typical in Rouse dynam-ics [[30](#page-10-9)]. For  $t \ge \tau_{relax}$ , the following scaling relation is obtained:

$$
R_L \sim t^{1/4}.\tag{37}
$$

# **V. SIMULATIONS**

<span id="page-4-7"></span>In order to examine the folding and unfolding kinetics, we carried out Langevin dynamics simulations of a bead-spring model using the following potentials:

$$
V_{\text{beads}} = \frac{k_a}{2} \sum_{i} (|\mathbf{r}_{i+1} - \mathbf{r}_i| - a)^2,
$$
 (38)

$$
V_{\text{bend}} = \frac{\kappa}{2} \sum_{i} (1 - \cos \theta_i), \tag{39}
$$

$$
V_{\text{LJ}} = 4\epsilon_{\text{LJ}} \sum_{i,j} \left[ \left( \frac{a}{|\mathbf{r}_i - \mathbf{r}_j|} \right)^{12} - \left( \frac{a}{|\mathbf{r}_i - \mathbf{r}_j|} \right)^{6} \right],\qquad(40)
$$

where  $V = V_{\text{beads}} + V_{\text{bend}} + V_{\text{LJ}}$ ,  $\mathbf{r}_i$  is the coordinate of the *i*th monomer, and  $\theta_i$  is the angle between adjacent bond vectors. The monomer size *a* and  $k_B T$  are chosen as the units of length and energy, respectively. Monomer-monomer interactions are included with the Lennard-Jones potential  $V_{\text{LJ}}$ , which contains the soft-core excluded volume interaction and the short-ranged attractive interaction. With small  $\epsilon_{\text{LJ}}$ , the attraction is weak such that only the excluded volume interaction is relevant. We set  $\epsilon_{\text{LI}}$ =0.3 for this good solvent condition. On the other hand, with large  $\epsilon_{\text{LJ}}$ , the attractive interaction plays a role for the folding transition (poor solvent condition). We adopt the spring constant in  $V_{\text{beads}}$  to be  $k_a$ = 400. The persistence length  $l_p$  is a convenient measure to characterize the stiffness of a polymer chain. The bending elasticity  $\kappa$  in  $V_{\text{bend}}$  satisfies the relation  $\kappa = l_p T$ . We consider a homopolymer mainly with a polymerization index *N* = 256, which has sufficient length for the formation of ordered structures (a toroid, a cylinder, and so on) in a semiflexible polymer  $\lceil 2 \rceil$  $\lceil 2 \rceil$  $\lceil 2 \rceil$ .

The equation of motion is written as

$$
m\frac{d^2\mathbf{r}_i}{dt^2} = -\gamma\frac{d\mathbf{r}_i}{dt} - \frac{\partial V}{\partial \mathbf{r}_i} + \xi_i,
$$
(41)

where  $m$  and  $\gamma$  are the mass and friction constant of monomeric units, respectively. The unit time scale is  $\tau_0^s$  $= \gamma a^2 / k_B T = 6 \pi \tau_0$ . We set the time step as 0.01 $\tau_0^s$  and use *m*  $= 1.0$  and  $\gamma = 1.0$ . With these parameters, the relaxation time of the momentum of a monomer is sufficiently fast as compared to the time scale of interest. Gaussian white noise  $\xi_i$ satisfies the following fluctuation-dissipation relation:

$$
\langle \xi_i(t) \cdot \xi_j(t') \rangle = 6 \gamma k_B T \delta_{ij} \delta(t - t'). \tag{42}
$$

The folding and unfolding states of a polymer are characterized by the number of folded monomers  $N_{\text{fold}}$ , which is defined by

$$
\rho_i = \sum_j H(r_c^2 - |\mathbf{r}_i - \mathbf{r}_j|^2),\tag{43}
$$

$$
N_{\text{fold}} = \sum_{i} \Theta(\rho_i - \rho_c), \tag{44}
$$

where  $H(x)$  and  $\Theta(x)$  are the Heaviside and step functions, respectively, and  $\rho_i$  is the local monomer density. In this work, we set  $r_c = 3.0$  and  $\rho_c = 25.0$ . The nucleation time  $\tau_c$  is defined so as to satisfy  $N_{\text{fold}}(\tau) \geq N_c$  for  $\tau \geq \tau_c$ , where we set  $N_c$ = 0.20. We should note that our results do not depend on these specific values. Conformations of a polymer are characterized by the long-axis length,

$$
R_L = \max|\mathbf{r}_i - \mathbf{r}_j|.\tag{45}
$$

In the folding transition, coiled polymers were equilibrated under the good solvent condition,  $\epsilon_{LJ}= 0.30$ , and then quenched at  $t=0$  into poor solvent conditions such as  $\epsilon_{\text{LJ}}$  $= 0.70, 1.0,$  and 1.3. Although we had various structures such as a toroid and a rod for  $l_p \ge 10a$ , we chose toroidal confor-

<span id="page-5-0"></span>

FIG. 4. Typical time evolution of  $l_1$  in the folding transition. The attractive interactions switch on at  $t=0$  when  $\epsilon = 0.3$  is replaced with  $\epsilon = 1.0$ .

mations, and the macroscopic variables were averaged over an ensemble of this conformation for consistency with our theory. To achieve this, we neglected the trajectories whose final conformations have the long-axis length larger than 20*a* in order to ensure that the final conformations are the troidal state. Typically, cylindrical conformations have a size of more than 20*a* in the folded state. In the unfolding transition, we prepared folded polymers at  $\epsilon_{\text{LJ}}= 1.0$ , and quenched the system at  $t=0$  into  $\epsilon_{\text{LI}}= 0.30$ . We calculated the fraction of collapsed part and averaged it over more than 100 runs.

Figure [4](#page-5-0) shows the typical time evolution of the ratio of monomers in the folded state. As we can see, after a long lag time, the ratio increases with time and reaches the equilibrium value. The dependence of the nucleation time on the persistence length is shown in Fig.  $5$ . For small  $l_p$ , the nucleation time exponentially depends on the persistence length, which is consistent with Eq.  $(13)$  $(13)$  $(13)$ . For large  $l_p$ , the slope becomes rather gentle. This is also consistent with our theory of Eq. ([16](#page-2-3)), where  $\tau_c \sim \exp(l_p^{1/2})$ .

The velocity of  $l_1$  after nucleation is plotted in Fig. [6,](#page-6-0) where the velocity is inversely proportional to  $l_1$ . This implies that friction does not arise from the coil part. If the coil domain involves friction, the velocity will *increase* with *l*1. In Sec. III C, we discussed the velocity of the growth step, which is valid in the early and later stages. At the early stage,  $v \sim \epsilon / (\eta l_1)$ , while at the later stage,  $v \sim \epsilon / [\eta (L - l_1)]$ . Our

<span id="page-5-1"></span>

FIG. 5. Semilogarithmic plot of nucleation time as a function of persistence length.

<span id="page-6-0"></span>

FIG. 6. (Color online) (a) Log-log plot of velocity during growth steps. The line shows  $v \sim l_1^{-1}$ . (b) Mean value (red or dark gray) and fluctuation (black) of the fraction of the folded state with  $l_p = 12$ .

results of simulations are consistent with  $(21)$  $(21)$  $(21)$  at the early stage. However, at the later stage, our theory predicts increase of velocity. The discrepancy may be explained by large fluctuations of the fraction of folded monomers. In fact, the system reaches the folded state even at  $l_1 / L < 1$  as shown in Fig.  $6(b)$  $6(b)$ . Since the driving force for the folding transition decreases close to the equilibrium state, the velocity near  $l_1 / L \approx 1$  is expected to decrease as in Fig. [6.](#page-6-0) In our theory, we assume that the driving force is constant throughout the growth step.

Let us now discuss the unfolding transition. First, we show the result for a relatively long  $(N=2048)$  chain. Figure [7](#page-6-1) shows that there indeed exists slow kinetics after the swelling step. The slow kinetics is independent of the interaction energy, while the swelling step is characterized by the interaction energy [Fig.  $7(b)$  $7(b)$ ]. The LJ potential contains a weak attractive part even in the coiled state. Since the interaction is short ranged, the energy is approximately 0 in the coiled state. This is shown in Fig.  $7(b)$  $7(b)$ . The system is not in equilibrium even at  $10^8 \tau_0^s$ , which is much longer than the Rouse time  $(\approx 10^6 - 10^7)$ . On the other hand, an ideal polymer is equilibrated much faster, as expected. Thus, it is evident that slow kinetics exist in the unfolding transition, and this fact is due to the noncrossing constraint of a chain with excluded volume interaction. Note that the slow kinetics was also observed in the simulations of flexible polymers in  $[10]$  $[10]$  $[10]$ . Since computation with long chains is time consuming to obtain statistics, we used *N*= 256 chains and took the average over 100 runs. Figures [8](#page-7-0) and [9](#page-7-1) show the results of the unfolding transition. The size and time are normalized with character-

<span id="page-6-1"></span>

FIG. 7. (Color online) Time evolution of a long chain (N = 2048) during the unfolding transition. (a) Time evolution shows slow relaxation after initial expansion (the lower black line). The size is normalized with the equilibrium size  $R_L^{eq}$ . Both axes are shown with logarithmic scales. The kinetics of an ideal polymer is also shown [the upper red (dark gray) line]. (b) Interaction between monomers quickly decreases at an early stage of the transition. The two solid lines show  $t^{1/4}$  and  $t^{1/8}$ . The size at the equilibrium state is estimated from the additional simulations at a fixed value of epsilon.

istic space and time scales according to Eq.  $(32)$  $(32)$  $(32)$  for the early stage and Eqs.  $(35)$  $(35)$  $(35)$  and  $(36)$  $(36)$  $(36)$ , respectively, for a later stage. The initial size for the disentanglement step is determined from the result of simulations. Since the swelling process for  $N= 256$  chains is short ( $\approx 10^3$  steps), the value of  $R_1$  corresponds to  $R_L$  after a jump at  $t > 0$  [Fig. [8](#page-7-0)(a)]. The time evolution of the long-axis length exhibits a universal feature in which the plots do not qualitatively depend on the persistence length and the depth of quench. In addition, the data cover from  $t \approx \tau$  to  $t \ge \tau$ , and thus our simulations have a suitable time scale. In both figures, the slopes are in good agreement with our theory.

# **VI. HYDRODYNAMICS**

With the hydrodynamic interaction our previous theory is modified in a way that depends on the kinetics. For expansion and contraction of a domain, it is necessary to consider the dissipation of Eq. ([3](#page-1-1)). For cooperative motion of monomers, the modified Stokes dissipation due to hydrodynamic back flow is applied. The Stokes drag does not act on each segment, but acts on a sphere of  $\xi_H$  in size, while hydrodynamic interactions are screened beyond the screening length. At a length scale smaller than  $\xi_H$ , monomers move cooperatively with the hydrodynamic back flow. Thus, the dissipation is

<span id="page-7-0"></span>

FIG. 8. (Color online) Time evolution of the long-axis length of a polymer at an early stage for various persistence lengths. Bare plot for  $l_p = 4$  is shown in (a). We determine the initial values for the disentanglement process from  $R_1$  in the figure. (b) A log-log plot of the time evolution. Both the long-axis length and time steps are normalized with characteristic space and time scales [see Eqs.  $(33)$  $(33)$  $(33)$ ].

$$
\frac{dQ_S}{dt} \simeq \eta v^2 \xi_H. \tag{46}
$$

This feature is called a *nondrain* compared with the situation of *free drain* where all monomers are under the Stokes drag  $[31,32]$  $[31,32]$  $[31,32]$  $[31,32]$ .

## **A. Folding transition**

The kinetics of the folding transition essentially does not change in the nucleation process with hydrodynamic interac-

<span id="page-7-1"></span>

FIG. 9. (Color online) Log-log plot of time evolution of the long-axis length of a polymer at a later stage for various persistence lengths. Both the long-axis length and the time steps are normalized with characteristic space and time scales according to Eq.  $(37)$  $(37)$  $(37)$  in the text. The dashed and dotted lines show the equilibrium size for  $l_p$ =4 and 14, respectively.

tion since dissipation modifies the prefactors of the nucleation time in Eqs.  $(13)$  $(13)$  $(13)$  and  $(16)$  $(16)$  $(16)$ . On the other hand, in the growth process, the friction of a chain is proportional to its size. Therefore, the collapsed part has smaller friction, which is proportional to  $l_1^{1/3}$ , for example, for flexible polymers. The friction is much smaller than that of the coiled domain; thus, it supports the assumption that only the collapsed domain contributes to the dissipation in the growth step. We obtain the velocity as

$$
v = \frac{\epsilon}{\eta a^{2/3}} \frac{1}{l_1^{1/3}}\tag{47}
$$

for flexible polymers, and

$$
v = \frac{\epsilon}{\eta} \left(\frac{\sigma a}{T l_p}\right)^{2/5} \frac{1}{l_1^{1/5}}\tag{48}
$$

for semiflexible polymers.

## **B. Unfolding transition**

In the initial stage of the unfolding transition, the hydrodynamic interaction is approximately screened, while in the disentanglement and relaxation regimes, the hydrodynamic interaction is relevant to the kinetics of the transition. In the disentanglement process, the hydrodynamic interaction is screened outside blobs since the blobs are pinned due to entanglement. The dissipation inside a blob is

$$
\frac{dQ_H}{dt} \simeq \left(\frac{L}{l_p g^*}\right)^2 \eta R_g \left(\frac{dR_g}{dt}\right)^2\tag{49}
$$

$$
= \eta \frac{L^3 l_p^3}{R_L^5} \left(\frac{dR_L}{dt}\right)^2.
$$
 (50)

We obtain

$$
\left(\frac{R_L}{R_{\text{disentangle}}}\right)^{-1} = 1 - t/\tau'_{\text{disentangle}},\tag{51}
$$

$$
\tau'_{\text{disentangle}} = \frac{\eta L^{5/3} l_p^{4/3}}{a^3} \tau_0.
$$
 (52)

In the relaxation regime, hydrodynamic back flow dominates the entire polymer. Thus, the dissipation is

$$
\frac{dQ_H}{dt} \simeq \eta R_L \bigg(\frac{dR_L}{dt}\bigg)^2.
$$
\n(53)

<span id="page-7-2"></span>By using Eqs.  $(1)$  $(1)$  $(1)$ ,  $(27)$  $(27)$  $(27)$ , and  $(53)$  $(53)$  $(53)$ , we obtain

$$
\frac{R_L}{R_{\text{relax}}} \simeq \left(\frac{t}{\tau'_{\text{relax}}} + 1\right)^{1/5},\tag{54}
$$

$$
\tau'_{\text{relax}} = \eta (L l_p)^{3/2}.
$$
\n(55)

Here, the characteristic time scale has the Zimm-type feature  $\tau'_{\text{relax}} \sim L^{3/2}$  [[30](#page-10-9)].

## **VII. KINETIC PATHWAY**

In our theory, we assume that the kinetic pathway is nucleation and growth for the folding process [Fig.  $10(a)$  $10(a)$ ]

<span id="page-8-0"></span>

FIG. 10. Kinetic pathways of the folding and unfolding transitions. We assume (a) and (c) since the pathways (b) and (d) are unrealistic, as shown in the text.

and gradual expansion for the unfolding process [Fig.  $10(c)$  $10(c)$ ]. However, we may also assume the opposite pathway, i.e., gradual contraction for the folding process [Fig.  $10(d)$  $10(d)$ ] and nucleation and growth for the unfolding process [Fig.  $10(c)$  $10(c)$ ]. Here, we discuss the reason that the latter pathway does not appear. An important fact is that a faster process at the initial stage of the transition is able to survive. We will calculate the time evolution of the *unrealistic pathways* [Figs. [10](#page-8-0)(b) and  $10(d)$  $10(d)$  and compare it with the results we obtained. For simplicity, we will discuss kinetics without the hydrodynamic interaction.

## **A. Folding transition**

Here, we consider an early stage of the kinetics of Fig.  $10(d)$  $10(d)$ . In the process, the free-energy change is divided into two terms: the elastic and the volume free energy. The former prevents the folding transition, while the latter initiates the transition. The volume free energy is written as

$$
F_{\rm int} \simeq \frac{B}{R_L^3} \bigg(\frac{L}{l_p}\bigg)^2.
$$
 (56)

At  $t=0$ , we decrease the temperature so that  $B<0$ . The freeenergy change is calculated as

$$
\frac{dF}{dt} \simeq \left( -\frac{BL^2}{R_L^4 l_p^2} - \frac{T L l_p}{R_L^3} \right) \frac{dR_L}{dt},\tag{57}
$$

<span id="page-8-1"></span>where the second term is the contribution of the elastic free energy. The first term contributes to a decrease in the free energy, while the second makes an opposite contribution. When  $R_L$  is close to the equilibrium size in the swollen state  $\approx (L l_p)^{1/2}$ , the first term is proportional to  $\sim L^0$  and the second term is proportional to  $\sim L^{-1/2}$ . We are interested in the kinetics of the early stage of this pathway. Thus, we neglect the second term in  $(57)$  $(57)$  $(57)$ . The dissipation in this process is

$$
\frac{dQ_S}{dt} \simeq \eta L \left(\frac{dR_L}{dt}\right)^2,\tag{58}
$$

where we neglect the logarithmic factor for simplicity. With Eq.  $(1)$  $(1)$  $(1)$ , the time evolution is

$$
\frac{R_L}{R_2} \simeq \left(1 - \frac{|B|L}{l_p^2 R_2^5} t\right)^{1/5}.\tag{59}
$$

At the early stage, the time evolution is

$$
R_L \simeq R_2 - \frac{|B|L}{l_p^2 R_2^4} t,\tag{60}
$$

where the velocity is proportional to  $L^{-1}$ . Thus, we expect this process to be too slow to proceed before the nucleation process.

## **B. Unfolding transition**

In the unfolding transition, we may assume the kinetic pathway of Fig. [10](#page-8-0)(b), that is, the collapsed polymer with a short unfolded coiled part. The kinetics is driven by the freeenergy change of the unfolded part, which is in fact the difference of the free energy between the coiled and the collapsed states:

$$
\frac{dF}{dt} \simeq -\frac{T}{l^{2/3}l_p^{1/3}}\frac{dl}{dt}.\tag{61}
$$

The dissipation from the coiled part is

$$
\frac{dQ}{dt} \simeq \eta l \left(\frac{dl}{dt}\right)^2.
$$
 (62)

Therefore, we obtain

$$
l \simeq \left(\frac{T^3}{\eta^3 l_p}\right)^{1/8} t^{3/8},\tag{63}
$$

which indicates that the characteristic time for this pathway is proportional to  $L^{8/3}$ . As in Sec. IV, the swelling regime proceeds much faster. From this, we conclude that the pathway is not realized.

# **VIII. SUMMARY AND REMARKS**

In summary, we investigated the kinetics of the folding and unfolding transitions in a single semiflexible polymer with and without the hydrodynamic interaction. We found that the velocity of the length of the collapsed domain depends inversely on the length in the folding transition, and the dynamic scaling exponents are 1/8 and 1/4 for the disentanglement and relaxation steps, respectively, in the unfolding transition without the hydrodynamic interaction. The time dependence without the hydrodynamic interaction is also calculated using Langevin dynamics simulations, and is found to be in good agreement with our theory.

We discussed the origin of dissipation during the folding and unfolding transitions. The main contribution in the folding transition is found to be the motion of the collapsed domain along a chain. We proposed a slow relaxation regime in the unfolding transition arising from entanglements of a polymer. Since this regime is not found in an ideal polymer, we consider that the slow kinetics originate from the topological constraint due to the excluded volume interaction.

Although the kinetics of single semiflexible polymers have not been studied extensively in experiments, the authors in Refs. [[24,](#page-10-3)[33](#page-10-12)] investigated the time evolution of long DNA molecules by using fluorescence microscopy. In [[33](#page-10-12)], DNA molecules were contracted using optical tweezers under good solvent conditions. After switching the optical tweezers off,

the time evolution of the size of the DNA molecules was observed, and a small exponent of 0.125 was found. This result corresponds well with the disentanglement regime in our results. In  $[24]$  $[24]$  $[24]$ , the transitions were induced by a sudden change in the concentration of multivalent cations. In the folding transition, those authors found a linear time dependence of the apparent size of a DNA molecule. Since the data have large fluctuations, quantitative comparison is difficult at the moment. Nevertheless, we believe that further experimental studies would be helpful for comparison between theory and experiments.

To conclude this paper, we make some remarks for future investigations.

(1) We have considered a single nucleation along a chain. This is a limited situation because nucleation usually occurs simultaneously all along a chain. However, as we discussed, the nucleation time depends exponentially on the persistence length. This indicates that we need a very long chain to obtain multiple nucleations with a large persistence length. This is in contrast to the case of flexible polymers where multiple nucleations called a pearl-necklace structure dominate at an early stage of the folding transition  $\left[15,16\right]$  $\left[15,16\right]$  $\left[15,16\right]$  $\left[15,16\right]$ . We should note that, when we have a very long semiflexible chain, we should consider a network structure rather than multiple nucleations along a chain since nucleation does not occur locally due to the bending rigidity.

(2) As noted in the Introduction, we have concentrated on a toroidal structure. This makes the problem tractable. To discuss further, we have to consider cylindrical conformations. They appear as the equilibrium state in a range of parameters, but the difficulty is that they have many metastable structures depending on the number of times they are folded. Cylinders that are a few times folded are likely to appear in the kinetics though they are not the equilibrium structure but metastable states. After a certain time, they become more folded structures or sometimes make a transition into toroidal structures. The kinetics of folding into cylindrical conformations are dominated by such hopping steps, which are different from the kinetics for toroidal conformations. It would be interesting, as a further study, to discuss the bifurcation between the two kinetics, the nucleation and growth, which are discussed in the present work, and the hopping steps found in kinetics of cylindrical collapses.

(3) Our calculation of the nucleation time is qualitative. In order to make quantitative discussions, it is necessary to take loop formation into account. In fact, the nucleation process initiates with loop formation  $\lceil 34 \rceil$  $\lceil 34 \rceil$  $\lceil 34 \rceil$ . This modifies the prefactors in the nucleation time, Eqs.  $(13)$  $(13)$  $(13)$  and  $(16)$  $(16)$  $(16)$ . Nevertheless, the nucleation time is dominated by the exponential factor. Therefore, we expect our results to be qualitatively reasonable.

(4) Our comparison between theory and simulation is under the condition without the hydrodynamic interaction. Recently, several algorithms have become available to deal with the hydrodynamic interaction in polymer systems. For example, stochastic rotation dynamics  $[13,14]$  $[13,14]$  $[13,14]$  $[13,14]$  and lattice Boltzmann simulations  $\left[35\right]$  $\left[35\right]$  $\left[35\right]$  were implemented for investigating the kinetics of polymers. Such simulations would reveal details of the physical processes involved in the kinetics of the folding and unfolding transitions when the hydrodynamic interaction is also considered, and would test the validity of our theory.

(5) Quantitative arguments for the disentanglement process are still left as a future study. In particular, the crossover between disentangled and swollen states is not clear. We should note that the characteristic time in this study is overestimated. In fact, the disentanglement process does not end at  $g^* \simeq L/l_p$ , but is replaced earlier by the relaxation process, since topological blobs suddenly disappear when they become sufficiently large. Our theory does not include such effects.

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